



SZKOŁA GŁÓWNA
GOSPODARSTWA
WIEJSKIEGO

Polish culture
Educational subject description sheet

Basic information

Field of study Course Offer for exchange students - first degree studies (BA programmes) Speciality - Organizational unit Course Offer for exchange students Study level first degree studies (BA programmes) Study form full-time studies Education profile General academic		Didactic cycle 2025/26 Subject code PWMPWM1S_D.A100000.04159.25 Lecture languages english Mandatory Elective subjects Block Humanities and social subjects Disciplines
Coordinator	Wojciech Połec	
Teacher	Wojciech Połec	
Period Winter semester	Examination Pass with grade Activities and hours Lecture: 15 Auditorium exercises: 30	Number of ECTS points 3

Goals

Code	Goal
C1	The aim of the course is to familiarize students with the specificity of Polish culture, with particular emphasis on the cultural and social aspects of production, consumption, non-material aspects of food and its socio-cultural functions in Polish culture. As part of the course, the student learns about selected aspects of the development and change of Polish culture (taking into account the historical dimension), including those affecting food production and the development of new products.

Entry requirements

None

Subject's learning outcomes

Code	Outcomes in terms of	Effects	Examination methods
Knowledge - Student knows and understands:			
W1	the specificity of Polish culture, including the cultural and social aspects of food production, distribution and consumption, including the intangible aspects of food and its socio-cultural functions		Test (written or computer based)
W2	economic, social, environmental and ethical conditions of food production and the principles of new product development, distribution and offering food to consumers in Poland		Test (written or computer based)
Skills - Student can:			
U1	acquire, analyze and synthesize the obtained information and draw conclusions taking into account various conditions related to the aspects of human nutrition, food production, including regional production, social, cultural, ecological and ethical aspects of food production and consumption		Project, Presentation
U2	plan, organize and carry out, alone or in a team, simple design tasks related to human nutrition and consumer behavior		Project, Presentation
Social competences - Student is ready to:			
K1	perform their professional duties in a socially responsible, entrepreneurial, ethical manner, consistent with the public interest		Project, Presentation
K2	responsible performance of professional roles, including observance of professional ethics and expanding knowledge related to the performed profession		Project, Presentation

Study content

No.	Course content	Subject's learning outcomes	Activities
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No.	Course content	Subject's learning outcomes	Activities
1.	The specificity of Polish culture in comparison with European cultures. Selected events in the history of Poland. Polish economy from a diachronic perspective. The specificity of the Polish language and Polish names of food. Cultural conditions of domestic and industrial food production. Regional diversity of Polish culture. Intangible aspects of food in Polish culture. Socio-cultural functions of food in Polish culture. Polish holidays and rituals of passage and festive consumption. Internal diversity of Polish society and its influence on consumer behavior. Development and change in Polish society and culture. New trends in consumer behavior. Ecological turnaround in food production and consumption. Polish culture and the problem of globalization.	W1, W2, U1, U2, K1, K2	Lecture, Auditorium exercises

Course advanced

Activities	Methods of conducting classes
Lecture	Conversation lecture, Discussion
Auditorium exercises	Case study, Presentation, Teamwork

Activities	Examination method	Percentage
Lecture	Test (written or computer based)	50%
Auditorium exercises	Project	30%
Auditorium exercises	Presentation	20%

Activities	Credit conditions
Lecture	In accordance with the rules presented to students.
Auditorium exercises	In accordance with the rules presented to students.

Literature

Obligatory

1. Bachórz A., Parasecoli F., Savoring Polishness: History and Tradition in Contemporary Polish Food Media, East European Politics and Societies, 2021
2. Davies N., God's playground a history of Poland: Volume II: 1795 to the present. Vol. 2. Oxford University Press, 2005.
3. Kłoskowska A., National Cultures at the Grass-Root Level, Central European University Press, 2001.

Optional

1. Fusté-Forné F., Street Food And Tourism: An Approach To Polish Identity Through Culinary Heritage, Zeszyty Naukowe. Turystyka i Rekreacja 2 (2019): 17-28.
2. Kopczyńska E., Dynamic Press Discourses of School Meal Reform in Poland: from Expertise Implementation to Resistance and Rejection, Polish Sociological Review 2020, 209(1):117-134
3. Połec W., Murawska D., The Social Constraints on the Preservation and Sustainable Development of Traditional Crafts in a Developed Society, Sustainability, 2021, vol. 14, nr 1, s. 1-20
4. Płaziak M., Szymańska A.I., The Attractiveness of Open-Air Markets for Shopping in a Large CEE City: The Example of Kraków, Poland, Polish Sociological Review 208 no. 4 (2019): 493-510

Calculation of ECTS points

Activity form	Activity hours*
Lecture	15
Auditorium exercises	30
Preparing a report	30
Preparation for the test	30
Preparation of a multimedia presentation	15
Student workload	Hours 120
Number of ECTS points	ECTS 3

* hour means 45 minutes