

# Food additives and contaminants Educational subject description sheet

#### **Basic information**

Field of study

Food Science - Technology and Nutrition

**Speciality** 

-

Organizational unit

Faculty of Food Technology

Study level

first cycle (bachelor's degree)

Study form

full-time studies

**Education profile** 

General academic

**Didactic cycle** 

2023/24

Subject code

NoZTNS D.18K.02453.23

**Lecture languages** 

english

Mandatory

**Obligatory subjects** 

**Block** 

Major subjects

**Disciplines** 

Food technology and nutrition

| Coordinator | Emilia Janiszewska-Turak |
|-------------|--------------------------|
| Teacher     | Emilia Janiszewska-Turak |

| Period     | Examination                         | Number of   |
|------------|-------------------------------------|-------------|
| Semester 4 | Exam                                | ECTS points |
|            | Activities and hours<br>Lecture: 25 |             |

#### Goals

| Code | Goal   |  |
|------|--|--|
| C1   | The course aims to provide students with technological and health aspects of main food additives groups such as: preservatives, antioxidants, acidity regulators, coloring and flavoring agents, sweeteners and hydrocolloids. |  |

Generated: 2024-09-19 04:13 1 / 4

# **Entry requirements**

Student has got a basic knowledge in food technology, general and organic chemistry.

## **Subject's learning outcomes**

| Code                                      | Outcomes in terms of  | Effects                            | Examination methods |  |
|---|---|------------------------------------|---------------------|--|
| Knowled                                   | Knowledge - Student knows and understands:  |                                    |                     |  |
| W1  | the role of food additives, the meaning and origin of food contaminants in food production and their impact on health and safety of consumers | TN_K1_W03                          | Written exam        |  |
| Skills - Student can:                     |   |                                    |                     |  |
| U1  | choose the appropriate food additives to achieve technological and nutritional benefits   | TN_K1_U02                          | Written exam        |  |
| Social competences - Student is ready to: |   |                                    |                     |  |
| K1  | the justified and appropriate use of additives in food production   | TN_K1_K02, TN_K1_K03,<br>TN_K1_K04 | Written exam        |  |

## **Study content**

| No. | Course content   | Subject's learning outcomes | Activities |
|-----|--|-----------------------------|------------|
|     | Lectures will cover following aspects related to: general overview of food additives utilization in regard to their legal aspects, preservatives, antioxidants, acidity regulators, colouring and flavouring agents, sweeteners and hydrocolloids, pesticide residues in food and selected food contaminants.  |                             |            |
| 1.  | Legal state of food additives as present in EU and as described in Codex Alimentarius will be covered as well. Moreover, the course aims to provide Students information related to the Impact of food production and processing on the contaminants and pesticides residues content. The European and global legal regulations regarding the limits of these ingredients content will be given. | W1, U1, K1                  | Lecture    |

### **Course advanced**

| Activities | Methods of conducting classes             |
|------------|---|
| Lecture    | Lecture, Conversation lecture, Discussion |

| Activities | Examination method | Percentage |
|------------|--------------------|------------|
| Lecture    | Written exam       | 100%       |

| Activities Credit conditions |  |
|------------------------------|--|
|------------------------------|--|

Generated: 2024-09-19 04:13 2 / 4

| Activities | Credit conditions   |
|------------|---|
| Lecture    | Written or on-line exam forms with questions and answers. To pass the course it is required to get 51% from the exam. |

#### Literature

#### **Obligatory**

- 1. Regulation (EC) No 1333/2008 of the European Parliament and of the Council
- 2. Regulation (EC) No 1334/2008 of the European Parliament and of the Council
- 3. Regulation (EC) No 396/2005 of the European Parliament and of the Council of 23 February 2005 on maximum residue levels of pesticides in or on food and feed of plant and animal origin and amending Council Directive 91/414/EEC

#### **Optional**

- 1. Consolidated text: Commission Regulation (EC) No 1881/2006 of 19 December 2006 setting maximum levels for certain contaminants in foodstuffs
- 2. Chemical Contaminants and Residues in Food, A volume in Woodhead Publishing Series in Food Science, Technology and Nutrition, Book, Second Edition, 2017
- 3. Branen, A. L., Davidson, P. M., Salminen, S., & Thorngate, J. (Eds.). (2001). Food additives. CRC Press.
- 4. materials provided from teachers
- 5. scientific articles in the lecture topics

### **Calculation of ECTS points**

| Activity form            | Activity hours* |
|--------------------------|-----------------|
| Lecture                  | 25              |
| Preparation for the exam | 5               |
| Student workload         | Hours<br>30     |
| Number of ECTS points    | <b>ECTS</b> 1   |

<sup>\*</sup> hour means 45 minutes

Generated: 2024-09-19 04:13 3 / 4

## **Effects**

| Code      | Content  |
|-----------|--|
| TN_K1_K02 | The graduate is ready to complete professional duties in a socially responsible manner, enterprising, ethical, compatible with the public interest and also with the respect for professional tradition, and for the right to intellectual property protection   |
| TN_K1_K03 | The graduate is ready to take responsibility for the high quality and high pro-health value food production, meeting the quality standards and health safety requirements  |
| TN_K1_K04 | The graduate is ready to responsible performing of professional roles, in it: compliance with the professional ethics and exploring knowledge related to the profession  |
| TN_K1_U02 | The graduate can assess the composition, energy and nutritional value of food products, determine their impact on the growth, development, functioning and health of the body, assess the diet, and nutritional status, and use the obtained results to rationalize the nutrition of individuals and different population groups |
| TN_K1_W03 | The graduate knows and understands the composition and properties of raw materials, auxiliaries, food additives, and food industry products, the possibilities and conditions of use of them in food production, taking into account the principles of sustainable development and their impact on human health                  |

Generated: 2024-09-19 04:13 4 / 4