SZKOŁA GŁÓWNA GOSPODARSTWA WIEJSKIEGO

Food in Culture and Society: Introduction to Sociology of Food

Educational subject description sheet

Basic information

Field of study Course Offer for exchange students - first degree studies (BA programmes) **Speciality** - **Organizational unit** Course Offer for exchange students **Study level** first degree studies (BA programmes) **Study form** full-time studies **Education profile** General academic	**Didactic cycle** 2024/25 **Subject code** PWMPWM1S_D.A100000.06436.24 **Lecture languages** english **Mandatory** Elective subjects **Block** Basic subjects **Disciplines** Sociology of science

Coordinator	Agnieszka Maj
Teacher	Agnieszka Maj

Period	**Examination**	**Number of ECTS points**
Winter semester	Pass with grade **Activities and hours** Lecture: 30	2

Goals

Code	Goal
C1	Gaining knowledge useful for analyzing processes occurring in contemporary societies such as: differentiation of lifestyles, diversification of eating habits and health-related habits, changing consumer practices

Entry requirements

Command of English at B2 Level

Subject's learning outcomes

Code	Outcomes in terms of	Effects	Examination methods
Knowledge – Student knows and understands:			
W1	Student knows basic concepts in the field of sociology of food		Written credit
Skills – Student can:			
U1	Student can use the concepts to analyze processes occurring in contemporary societies		Written credit
Social competences – Student is ready to:			
K1	Student is able to prepare a short presentation or writre a short assignment in English		Written credit

Study content

No.	Course content	Subject's learning outcomes	Activities
1.	1. Food and social organisation – „ How Food Made History”? 2.Symbolic value of food. Food in religion. Food taboos and their social functions. 3.Food as a part of social rituals. The social functions of meal. 4.Health concepts and food. 5.Medicalization of food consumption. Perception of relations between food and health. 6.Obesity vs. Hunger. Eating disorders and social order. 7.Social stratification, body and food. 8.Fashion and food in contemporary societies. 9.Food during lifespan. 10.Food and aesthetics. 11. Food in TV and Media 12. Food and subcultures. Diets. 13. Globalisation and industrialisation of food – changes in late modern societies. 14. Changes in eating practices in contemporary societies. 15. Course evaluation.	W1, U1, K1	Lecture

Course advanced

Activities	Methods of conducting classes
Lecture	Lecture, Conversation lecture, Discussion, Presentation

Activities	Examination method	Percentage
Lecture	Written credit	100%

Activities	Credit conditions
Lecture	Written test 100%

Literature

Obligatory

1. 1) Pulain J.P., The Sociology of Food: Eating and the Place of Food in Society, Bloomsbury, 2017.
2. 2) Katz, S. H., Woys Weaver W., Encyclopedia of Food and Culture, Charles Scribner and Sons Publ., 2003
3. 3) Albala K. (ed.), Routledge international handbook of food studies, Routledge 2013.

Optional

1. 1) Higman B.W, How Food Made History, Wiley-Blackwell, 2012.
2. 2) De Solier I., Food and the Self: Consumption, Production and Material Culture, Bloomsbury, London, 2013.
3. 3) Lupton D., Food, the Body and the Self, Sage Publications 1996.

Calculation of ECTS points

Activity form	Activity hours*
Lecture	30
Preparation for the test	30
Student workload	**Hours** 60
Number of ECTS points	**ECTS** 2

* hour means 45 minutes