



SZKOŁA GŁÓWNA  
GOSPODARSTWA  
WIEJSKIEGO

## Food in Culture and Society: Introduction to Sociology of Food

### Educational subject description sheet

#### Basic information

<b>Field of study</b> Course Offer for exchange students - first degree studies (BA programmes)		<b>Didactic cycle</b> 2024/25	
<b>Speciality</b> -		<b>Subject code</b> PWMPWM1S_D.A100000P.06436.24	
<b>Organizational unit</b> Course Offer for exchange students		<b>Lecture languages</b> english	
<b>Study level</b> first degree studies (BA programmes)		<b>Mandatory</b> Elective subjects	
<b>Study form</b> full-time studies		<b>Block</b> Basic subjects	
<b>Education profile</b> General academic		<b>Disciplines</b> Sociology of science	
<b>Coordinator</b>	Agnieszka Maj		
<b>Teacher</b>	Agnieszka Maj		
<b>Period</b> Winter semester	<b>Examination</b> Pass with grade	<b>Number of ECTS points</b> 2	
	<b>Activities and hours</b> Lecture: 30		

#### Goals

Code	Goal
C1	Gaining knowledge useful for analyzing processes occurring in contemporary societies such as: differentiation of lifestyles, diversification of eating habits and health-related habits, changing consumer practices

## Entry requirements

Command of English at B2 Level

## Subject's learning outcomes

Code	Outcomes in terms of	Effects	Examination methods
<b>Knowledge - Student knows and understands:</b>			
W1	Student knows basic concepts in the field of sociology of food		Written credit
<b>Skills - Student can:</b>			
U1	Student can use the concepts to analyze processes occurring in contemporary societies		Written credit
<b>Social competences - Student is ready to:</b>			
K1	Student is able to prepare a short presentation or write a short assignment in English		Written credit

## Study content

No.	Course content	Subject's learning outcomes	Activities
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1.	<p>1. Food and social organisation - „ How Food Made History”?</p> <p>2.Symbolic value of food. Food in religion. Food taboos and their social functions.</p> <p>3.Food as a part of social rituals. The social functions of meal.</p> <p>4.Health concepts and food.</p> <p>5.Medicalization of food consumption. Perception of relations between food and health.</p> <p>6.Obesity vs. Hunger. Eating disorders and social order.</p> <p>7.Social stratification, body and food.</p> <p>8.Fashion and food in contemporary societies.</p> <p>9.Food during lifespan.</p> <p>10.Food and aesthetics.</p> <p>11. Food in TV and Media</p> <p>12. Food and subcultures. Diets.</p> <p>13. Globalisation and industrialisation of food - changes in late modern societies.</p> <p>14. Changes in eating practices in contemporary societies.</p> <p>15. Course evaluation.</p>	W1, U1, K1	Lecture
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### Course advanced

Activities	Methods of conducting classes
Lecture	Lecture, Conversation lecture, Discussion, Presentation

Activities	Examination method	Percentage
Lecture	Written credit	100%

Activities	Credit conditions
Lecture	Written test 100%

## Literature

### Obligatory

- 1) Pulain J.P., The Sociology of Food: Eating and the Place of Food in Society, Bloomsbury, 2017.
- 2) Katz, S. H., Woys Weaver W., Encyclopedia of Food and Culture, Charles Scribner and Sons Publ., 2003
- 3) Albala K. (ed.), Routledge international handbook of food studies, Routledge 2013.

### Optional

- 1) Higman B.W, How Food Made History, Wiley-Blackwell, 2012.
- 2) De Solier I., Food and the Self: Consumption, Production and Material Culture, Bloomsbury, London, 2013.
- 3) Lupton D., Food, the Body and the Self, Sage Publications 1996.

## Calculation of ECTS points

Activity form	Activity hours*
Lecture	30
Preparation for the test	30
<b>Student workload</b>	<b>Hours</b> 60
<b>Number of ECTS points</b>	<b>ECTS</b> 2

\* hour means 45 minutes